



Plastic & Hand Surgery
ASSOCIATES, LLC

POST-OP INSTRUCTIONS AFTER A FACELIFT

1. You will have two drains in the temple area postoperatively. These drains will stay until you return to clinic the day after surgery. Only empty drains if they become full.
2. A large head dressing will be applied and will remain until your one week follow up clinic appointment. **KEEP DRESSING DRY AND INTACT.**
3. Sleep with your head elevated using 3-4 pillows or sleep in a recliner.
4. Talking and chewing may be difficult immediately after surgery. You may start with liquids and progress to soft foods as tolerated.
5. An ice pack may be used for comfort but keep dressing dry.
6. Take all medications as prescribed. Make sure to take the whole prescription of antibiotics. You may discontinue pain medication as tolerated and switch to Ibuprofen or Tylenol.
7. Tightness beneath the chin is expected and normal.
8. Swelling will appear gradually over the first 2-3 weeks, this is expected and normal.
9. Bruising is expected and may last 3-4 weeks.
10. **DO NOT** use heating pads or hot water bottles.
11. If you have excessive swelling or massive bruising of one particular area accompanied by firmness please notify the office immediately at **601.939.9999 or 1.866.939.4999**. Contact the office with any other unusual complications.
12. If you are unable to contact your physician and immediate attention is needed, please go to the nearest emergency room.

Note: The purpose of our after-hours on call service is for emergencies. If you have a routine questions, that is not answered above, please wait until after 8.30am the following morning to call our office, and we will be more than happy to answer any and all questions.